

Need Social Security Disability? Start by Getting Medical Care

Obtaining Social Security disability benefits for a person under the age of 50 is not impossible, but it is much more difficult than it would be for someone over 50, who is considered an older individual. For those that are younger than 50, obtaining disability benefits is dependent on their ability to prove that there is no work they are currently able to do. For an older individual, they typically only have to prove that they can no longer do the work that they did in the past 15 years.

Those people who do not have medical insurance of their own can visit Social Security doctors for evaluation. These Social Security doctors are not actually there to treat you, but to examine your case impartially and methodically. The best way to prove your case is to get treatment with your own doctors. Doctors that know you and know what you are going through.

If you do not have medical insurance, there are two different places you can go for help. Your local county clinic and vocational rehabilitation. County clinics are there for people who do not have medical insurance. If you decide to use a county clinic, the best way to go about it is quietly: it is best not to tell them about your current disabilities. Often times, when the administrative staff hears about your complicated medical problems, they will tell you that they cannot help you because they do not have proper funding for your condition(s). They may decide to turn you away before you even get to see a doctor.

Instead of providing a long medical history, when you speak to a county clinic, simply state that you are a person without medical insurance who needs to see a primary physician. Do not give any details. Then, when you get in to see the doctor, you can provide details about your condition and concerns. Often times, they will send you to specialists for your conditions and pay for it.

The Vocational Rehabilitation Program, is a state funded program designed to help people be trained to do some type of work. But before they send you to work, they will look at your existing medical records from previous medical providers and they will also send you to their doctors. And if they feel it is needed, vocational programs may pay for visits to specialists and physicians, medicine, or even surgery on your behalf. When all this is finished, they will then decide whether or not they believe you can go to work.

If they feel you cannot work due to your severe limitations, they will issue a decision stating so and refer you to apply for disability benefits through SS. Having this happen can be a really boost your Social Security disability claim, as a government vocational program has already determined you to be unfit to work. And as a "bonus," you have also received the treatments and medicines you needed without having to pay a penny. On the other hand if they believe that you can work then they will train you and help you find a job. The records from the doctors that vocational rehabilitation sent you to can also be used as evidence in support of your claim for disability benefits.

The truth is, it is incredibly difficult to get Social Security disability benefits if you are under 50 unless you have received medical treatment outside of Social Security. Because of this, if you are looking to apply for Social Security disability, it is important to start the process by seeking medical treatment for your condition immediately.

About the Author

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